



Mukilteo Girls Lacrosse Clinic

When: June 26, 2010

Where: Kamiak High School

Time: 10am-1pm.

The Mukilteo Lacrosse Club's Girls High School Varsity Team will be offering a clinic for new players entering 7th, 8th, and 9th grade. The clinic will focus on developing strong fundamental skills. Instruction will focus on all aspects of the game including:

- * Stick-work/Cradling
- * Passing & Catching
- * Ground Balls
- * Dodging
- * Shooting

Enrollment Information

The cost of the Clinic will be \$25 payable to the Mukilteo Lacrosse Club. In addition to receiving lacrosse instruction, each player who pre-registers by 6/24/10 will receive a FREE t-shirt.

To ensure a spot in the clinic and a free t-shirt, please mail the enrollment form below and the completed Zackery Lystedt Law-Concussion Form along with payment by 6/24/10 to:

**Steve Waisanen
c/o the Mukilteo Lacrosse
PO box 650
Mountlake Terrace, WA 98043**

